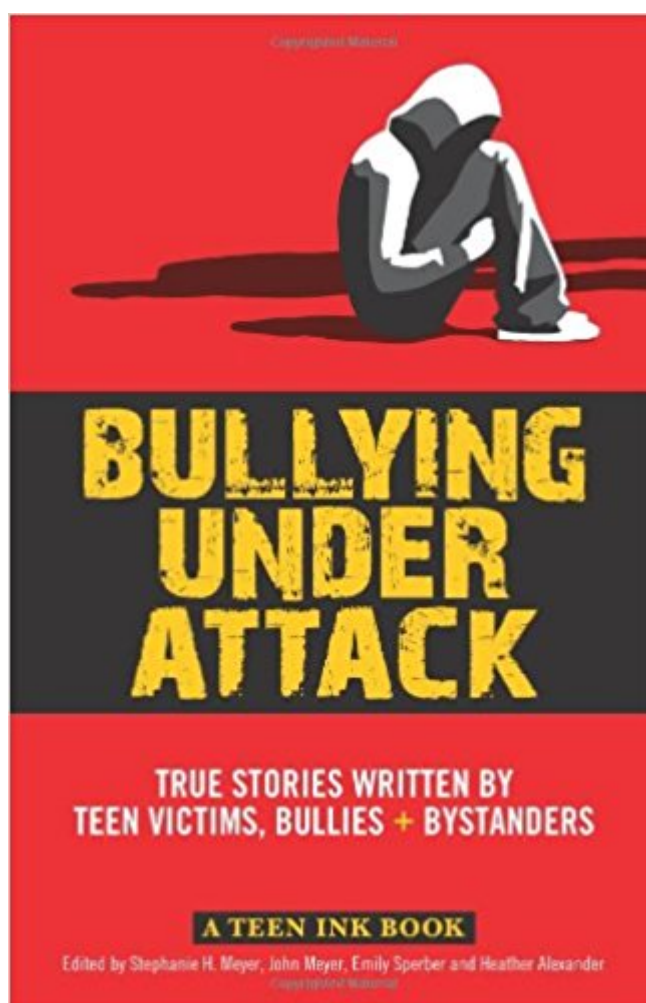


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Bullying Under Attack: True Stories Written By Teen Victims, Bullies & Bystanders (Teen Ink)



Synopsis

WORDS ARE POWERFUL- they can inflict damage and they can heal. In this anthology of first-person accounts written by teenagers for both their peers and adults, words transform pain into hope and the possibility for change. *Bullying Under Attack* is an eye-opening anthology of all three players in the bullying cycle. These conversational essays on life as the bullied, the bully, and the bystander provide insight and inspiration for change. Rather than offer a cumbersome psychological breakdown, this graceful and hard-hitting book places the reader firmly in the shoes of all involved. The stories written by The Bullied explain the subtleties and agony of harassment, helping readers understand that there is more to unkind words and behavior than "just joking around." Although many of these teens have suffered through harassment by their peers, their essays are both empowering and inspiring. By exploring the essays by The Bullies, readers will discover that the bullies are often times incorrectly labeled as bad kids, but many are simply trying to fit in, despite their own insecurities and fears. While these bullies may still have their own seemingly insurmountable obstacles at home, they share their experiences and insights hoping to manage and reforming other bullies. The section voiced by The Bystander shares tales of those who have regrettably watched and those who have stepped up to help others. Here, readers will find the inspiration to speak out rather than just standing by while others are emotionally harmed. Whether due to race, weight, or jealousy, there are a myriad of reasons WHY. Included in this startling compendium of personal stories that convey the complexity and nuances of what it means to be bullied, are stories of regret, promises, and encouragement that will help readers find solace during their teen years and show them how—as adults—their words and actions can provide strength and reassurance to others experiencing all aspects of bullying. Ultimately, they will learn to find their voices in order to break the cycle for good.

Book Information

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Age Range: 12 - 18 years

Grade Level: 7 - 12

Customer Reviews

"Bullying Under Attack is beyond eye-opening, beyond painful to read. That said, this book should become part of the school required reading." — Dianne Bylo
"This book is good for children and adults that have been bullied just to let them know that they are not on their own." — Julie Banton
"This book was really important and vital to me. I was extremely grateful for it, and I hope that many others read this and recognize the importance of stopping bullying, if they haven't yet. Even if you do realize it, you like me may want more information, the human quality in the world of bullying." — Eli Madison, Blogger
"I think all teenagers, adults and teachers must read this book. This book should be part of the required reading material. I recommend this book to everyone, young and old." — Sandra Beekhuis
"This is a book that I would recommend to parents, tweens, teens, and educators. I will be purchasing this book for my own collection. And recommending to my students and peers." — Tanya Kaanta, Parent and Educator
"What an incredibly heart-wrenching book." — Jenny Trimble
"This book is well put together and is a powerful look into the world of bullying and bullied and the cost of allowing bullying to continue in our communities." — Alex McGilvery, Blogger, CelticFrogReviews.com
"It'll be a great resource on bullying & will be going on a brochure I'm passing out to schools about our bullying resources." — Kathy Jalowiec, Librarian
"Wow. What a timely achievement — the only book about the problem of bullying entirely written by teenagers. I know their personal stories will move you, anger you, inspire you — even scare you. A great read for a great cause." — R. L. Stine, author of the Goosebumps series
(Endorsement) "Heart-felt and heart-wrenching stories, straight from the experiences of the bullied, the bystanders, and those who have bullied. Exceptional writing from all, and so worth the read."
— Ellen Hopkins, The New York Times bestselling young adult author
(Endorsement) "Bullying comes in many forms: name calling, shutting out, character assassination, humiliation . . . even getting spit at. All of which happened to me. This important book takes on an issue all of us can relate to because it happened to so many of us. It's refreshing and at times

heartbreaking to hear the experiences of these young people. Their voices remind us that bullying is still an issue for children of all ages, and their stories bring a fresh perspective to an old story. *Bullying Under Attack* is a unique wakeup call for parents, teachers, and bullies, victims, and bystanders to stop, listen, and think about the power of their words and actions." ~ Vanessa Williams (Endorsement)"I was never a victim . . . never a bully . . . but bystander? Oh, yes. I was too often a bystander. Maybe I am, sometimes still. This meaningful book will kindle sparks of recognition in many of us, along with a reminder that we can change." ~ Lois Lowry, author of *The Giver* (Endorsement)"It's great that Teen Ink has given a wide array of teenagers a chance to speak out on bullying!" ~ Emily Bazelon, author of *Sticks and Stones* (Endorsement)"Can there be any truer YA literature than that created by young adults themselves? These stories and poems about bullying are wrenchingly beautiful in their honesty and sometimes remarkable in their insight. I have to believe that they will serve as a welcome salve for the wounds and loneliness of those who are bullied as well as wake-up call for the bullies who so often cannot comprehend the pain they inflict." ~ Todd Strasser, author of *The Wave* (Endorsement)"People say that some books are mirrors and some are windows. That is to say, readers can find themselves reflected in the stories, or see out of their own narrow lives into a broader view. The stories in this collection will do this for you." ~ Gregory Maguire, Author of *Out of Oz*, the Final Volume of the *Wicked Years* (Endorsement)"Without detracting from what experts understand about bullying, there is no substitute for direct testimony by victims, victimizers, and bystanders. In this unique collection, young people describe their own experiences vividly and, in the process, reveal what they have learned about others and about themselves." ~ Howard Gardner, professor of education at Harvard University, author of *Frames of Mind: The Theory of Multiple Intelligences* (Endorsement)"*Bullying Under Attack's* gripping firsthand accounts take you inside bullying from every vantage point. Writing with honesty, clarity, and heart, these brave young people illuminate a topic society prefers to squint at. Inspiring." ~ Emma McLaughlin and Nicola Kraus, authors of *The Nanny Diaries* (Endorsement)"With bullying on everyone's mind, this book offers great insight into the real-life stories of those most affected: the victim, the bystander, and the bully. A must-read for parents, educators, and teens who want to understand the severity of the bully crisis." ~ Peter Buffett, environmentalist and philanthropist (Endorsement)"For almost a quarter of a century, Teen Ink has been encouraging young people to write and then has published those pieces. These heartfelt essays and poems explore the issues faced by teenagers today. I applaud their efforts because they not only help young people deal with their own lives but also encourage the budding authors of the next generation." ~ Anita Silvey, creator of *Children's*

Book-a-Day Almanac (Endorsement)"A useful and insightful text for victims and carers alike, to deal with a long underestimated problem. Should be stocked in all school libraries."~Patty Dohle"This book is a much-needed anthology. There are not a lot of books out there written by teens, for teens, about bullying~especially including the perspective of the bully and the bystander. I would recommend this book to really any teen that I know, whether they suffer from bullying or not. I would also recommend this book to anyone who works with teens for a living, such as youth pastors, high school teachers, therapists, etc. Overall, I am glad that I read it."~April Thorwardson, Social Worker"Bullying Under Attack should be required reading in schools everywhere. This should be the book discussed in English class, read during assemblies, carried in every backpack, and available on library shelves. This is an excellent book with the power to influence its readers and maybe, just maybe erase some of the hatred from this world."~Nicole Mooney"I really wish a book like this had have been available when I was going through my years of torment. But I am happy that it is available now...I would highly recommend this book to everyone."~Sarah Quick, Stay-at-home Mom"A timely and powerful book. I ordered copies for the library and hope that they will reach readers that can benefit from its message."~Laura Rancani, Librarian"Certainly, this is the most important young adult and children's book I've read in my entire life."~Devorah Bennu, Blogger for the Guardian"This book is a must read for everyone, and is one that is currently being added to the library collection."~Sara Thompson, Librarian

"This book is a unique wakeup call for teens, parents, and teachers to stop, listen, and think about the power of their words and actions."~Vanessa WilliamsBullying Under Attack is a project created as a result of Teen Ink's mission to publish teenagers' writing about what matters to them most. During our 24-year run, we have received hundreds of thousands of submissions from teens, many of whom want to talk about bullying. From these personal, heart-wrenching stories published on our website or printed in our magazine, we've selected the most compelling prose and poetry about bullying. Bullying Under Attack is an eye-opening anthology of first-person accounts written by teenagers from all three players in the bullying cycle: victims, bullies, and bystanders. The Victim: "I was the girl who got called fat every single day. The girl who camouflaged her pain by laughing really hard and talking too loud, drowning out the demeaning comments. The girl fighting an internal battle to get up, get ready, and go to school every morning~"~Elizabeth Ditty The Bully: "~being a bully doesn't save me from other bullies. I used to think that, somehow, tormenting others would grant me immunity from being tormented. It didn't. Because being a bully

doesn't make you scary; it makes you worthless." —Michael Ortiz The Bystander:

"Sometimes changing a bully is difficult and even impossible. But if you don't try, those who are bullied will never know how much you care, and those who bully will continue to think their actions are acceptable. You can choose to remain a silent bystander, or you can take a stand to defend others. It's up to you." —Bridgette Rainey

I didn't love it, because it was depressing, but I believe it's an important book and it is well written. The poem about "Give me my Brother Back" was so touching and moving. I cried like a baby the first time I read it. It made me think about my own brothers.

Good book, but lacked solutions to problems.

This book really opened my eyes to how much we miss about bullying. And shows what and how we should find a better way of putting a stop to bullying.

This book is for everyone to read and learn from. Very well written and will tell you all sides of bullying A must read

good book.

Great buy...

I am not sure how to get this message to the right person , I ordered this by mistake. I dont have a Kindle. I wanted a hard cover book, I want it to be return and reimburse, please help me with this. Thank you.

Every book has it's purpose. Whether it's to entertain, distract, teach, or serve as drink coaster. Sometimes it's not until you're halfway through a book that you realize what purpose the book you're holding will serve. It was in the "Foreward" section of the Bullying Under Attack, contributed by John Halligan, that I realized the true purpose of this non-fiction book. First, let me share with you a little about this book. I requested this book on NetGalley because bullying is a subject that I have always and will always be on the lookout for. Being the mother of a

high-functioning autistic child, I know he's got a tough road ahead of him. I've worked in an elementary school lunchroom and I work often in the children's room at our library. I've seen how cruel young children can be without even knowing they are doing it. My son is no exception and I hope to educate him to treat everyone how he himself would want to be treated. I just imagine what life for my son will be like when he gets older. And that brings me to why this book is so unique. It contains stories not just from the side of the person being bullied. It also contains stories and perspectives told by those watching on the sidelines and from the bullies themselves. In the Introduction of the book, the editor(s) explains how this book came to be. In brief, there was a contest held by Nicholas Kristof, a columnist at the New York Times. He had written an article about bullying and then ran a national contest, looking for submissions from teens about their experiences with bullying. Together with Teen Ink (a magazine and website completely devoted to teen writing, art, and forums) they compiled the best works to put into a book. This anthology is organized brilliantly. There are eight chapters, each dealing with one aspect of bullying, whether it's surviving bullying, cyber bullying, or diversity. It's all organized well. Within those chapters, there are multiple works ranging from essays, poems, and even works of art and photography (truly amazing!). Each of these individual works could be written from the point of view of the victim, the bystander, or the bully themselves. Some are written in the moment. Some are looking back in time. I was just blown away by the voices I read in these pieces. Both heart breaking and inspirational. Not to leave it just at that, this anthology ends with a great summary written by Dr. Ramani Durvasula. In it, she summarizes the state of bullying today and ways (or clues) that parents/families/teachers can seek to identify early problems in a child's life. There's also a fabulous section with tons of links for online resources for help with bullying. Not to be too obvious but to bring it all back around to the purpose of this book | it's certainly not to be the drink coaster under a can of soda. I truly believe this book should be available in every library, whether it's a school library or public library. To have a book like this that a teen can go to, open up, and read stories written by fellow teens, IN THEIR OWN WORDS, I believe is a huge comfort to those kids wondering what to do when they are dealing with a bully in their life. They could show the book to their parents. They could use the online resources in the back. As the bystander, they could just hand it to a victim. The uses are endless.

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